

ChanNels

The Newsletter of the Sailing Club of Washington
May 2006 – 40th Year Anniversary

Commodore's Log

By Jan Earle, SCOW 2006 Commodore

The weather is finally warming up and the marina is buzzing with activity. Sailing season has definitely begun! Oh yes, and April showers are providing the usual challenges to Spring sailing.

We've had really good turnouts for our first month of Social Sails. Spring Maintenance Day was a decided success. Our Basic Sailing and Cruiser classes are in full swing. SCOW's Tune-Up Regatta has just kicked off the keelboat racing season and Tuesday night Flying Scot racing will start this month. To top it off, our last General Meeting enjoyed an exciting program given by a few of the sailing organizations with whom SCOW shares Washington Sailing Marina (WSM).



SCOW - Rebecca Heading Out

SCOW's new Crew Liaison program will begin this month and the Officers and Board are hoping that this will be a year unsurpassed for the number of hours that SCOW members spend sailing and crewing our five boats as well as the boats owned by our members. Many of you have already selflessly contributed much of your time and skills to make 2006 a success for SCOW. Let's all remember to thank each other for the contributions – large and small – that we all make.

We have many events to look forward to, sponsored by SCOW and others. For SCOW, there are raft-ups on the Bay, river cruises, Thursday social sails, Tuesday race nights, classes, maintenance days, SCOW's 40th Anniversary barbeque on July 1, Hail & Farewell in November, and much, much more.

The first week in May will see the Volvo Ocean Race come to Annapolis and Baltimore. The Blessing of the Fleet will take at Annapolis City Dock on May 7th.

Monday nights in June feature sailing for Special Olympics athletes at WSM and all three of SCOW's Flying Scots will be involved.

September brings the Leukemia Cup and President's Cup Regattas. There are activities going on all the time and there is something for everyone. Dive in and have some fun! Master new skills and perfect old ones! As Lou Whitaker (second baseman for the Detroit Tigers) said, "If you're not living on the edge, you're taking up too much space."

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Treasurer's Report

As required by SCOW Bylaws, the Audit Committee audited the club's financial records for the year 2005. Jack Weaver is Chairman of the Audit Committee and Mary Bashore is Associate Auditor. Many thanks to Jack and Mary for taking on this important task and doing an excellent job. The Committee commended outgoing Treasurer Dorothy Stocks for her careful and diligent stewardship of the club's financial records during her tenure. A copy of the Audit of 2005 Financial Records is available to any member upon request to treasurer@scow.org.

Riverside Chat

Dorothy Stocks, River Director

Not everyone goes away for Memorial Day Weekend, or I don't think they do. There is a Raft-up on the Bay that my counter-part, Jack Schwartz is organizing and this might take some of our sailors away. However, just in case you are avoiding traffic and staying home for the Holiday, the SCOW River Cruisers, *Rebecca* and *Psycho*, are standing by, hoping to have Skippers and Crew for a Saturday Sail up River to the "Awakening". The Awakening Sail is scheduled for Saturday, May 27th. Boats are tentatively reserved from 9:00 a.m. until 5:00 p.m. Interested Cruising Skippers and Crew please contact River@SCOW.org. Happy Sails to you all.



SCOW – Strong Breeze?
Reef the Main!



SCOW – Replacing a Wind Vane

Spring Maintenance

Wayne Williams, Maintenance Director

Repairs went well. Thanks to all the volunteers who participated! Led by the bosuns: Steve Adams, Bill Bernhards, Jan Earle, Fran Jezisek, David Reed, John Roland, Mike Rothenberg, and Lynne Russillo, the Flying Scots were washed, air put into trailer tires, scratches and dings in the fiberglass were repaired, line ends were whipped, and one mast was stepped so that a new wind vane could be installed. The cruisers and SCOW dhow were also repaired. Fran has also overhauled the top woodwork on Rebecca! Participants included: Marc Cappalletti, Bridgette Conway, Rita Daley, Mike Fransella, Duane Lambert, Jennifer Moon, Jo Rowley, Juan Sole, Dorothy Stocks, and Ron Trueworthy.

Skippers – as the sailing season progresses please notify Maintenance of any NEW issues that need attention – or work with the Bosuns (list posted in the sail locker) on maintaining the boats in good condition.

SCOW

Sailing Club of Washington
2006 RIVER ACTIVITIES

RIVER FLEET

RIVER FLEET

Show off your Boat
Thurs. April 27 at Social Sail

MATTEWOMAN CREEK

Overnight Flotilla
Sat/Sun May 13-14

AWAKENING

Memorial Sail
Saturday, May 27

OLD TOWN FIREWORKS

Raft/Anchor & Dine
Saturday, June 17

OVERNIGHT

Mattewoman Creek
June 24-25 (Wind/Rain Date)

RIVER RALLY

Scow Anniversary Event
Saturday, July 1

INDEPENDENCE DAY

Riverside Fireworks
Tuesday, July 4

SUMMERTIME SAIL

Potluck Raft-up
Friday, July 14

SUMMERTIME SAIL

Let's Just Sail!
Friday, July 28

FULL MOON

Full Moon Cruising
Wednesday, August 9

JAZZ JUBILEE

Smoot's Cove Raft-up
Friday, August 25

MOONLIGHT SAIL

Classical Sonata Serenade
Friday, September 8

FT. WASHINGTON

Moonlight Sail
Friday, October 6

GUNSTON COVE CAMPOUT

Drive or Float to Park
October 14-15

HOT TODDY SAIL

Friday, October 27

PARADE OF LIGHTS

Saturday, December 2



Skin That Cat – Catamaran Comparison

Part I of II

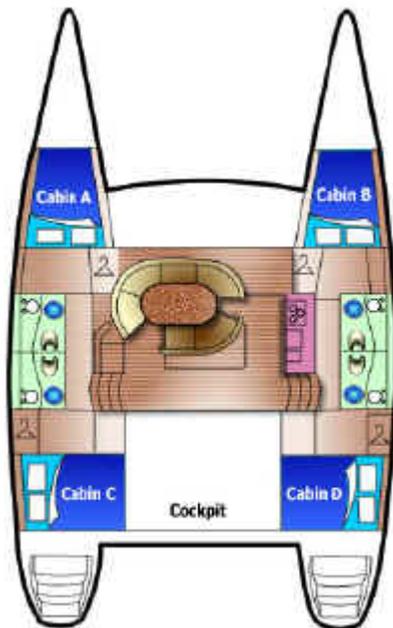
Henry Cheng, Vice Commodore

This is part I of a two part series with regards to my personal experience sailing different catamarans during the last two SCOW Caribbean cruising vacations.

This past year I had a chance to get up close and personal with five different types of catamarans from two charting companies because of SCOW's annual winter cruises.

I suppose I read one too many articles from *Cruising World* or *Sail* magazine and now I am itching to put in my two cents on those cats that Moorings and Sunsail charter out.

I have to admit I am no expert to judge these beautiful sailing machines other than being a knowledgeable monkey driving them from point A to B. So here it is, the monkey starts dancing and mon-key-ing around.



For More info on Lagoon 410
<http://catamaransailing.com/Bareboat/L410.htm>



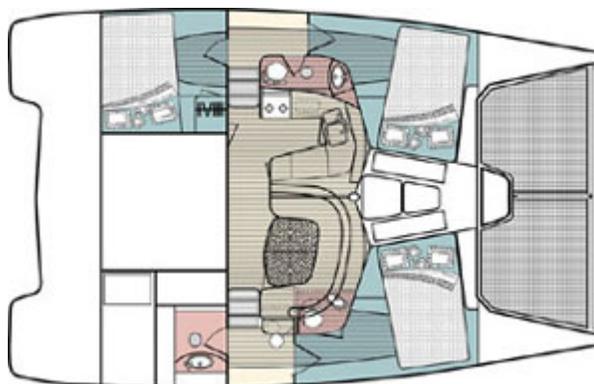
Sunsail – Catamaran
SCOW Winter Cruise
Lagoon 410

The Moorings' cats are built in Cape Town, South Africa by Leopard which caters to the Moorings' specifications. The Sunsail cats that we chartered were built by Lagoon, the cat division of Jeanneau, which is owned by Beneteau. In this article, I will discuss the Moorings 3800, 4200 and 4500 and Sunsail's Lagoon 380 and 410. I will compare the following areas: salon, galley, navigation station, cockpit, dinghy, lines, sheets, anchor and cabins/heads.

Entering a Lagoon 380/410, you will immediately notice their signature vertical port and panoramic window surrounding the salon. From the salon, there is a clear view outside which I enjoyed very much during breakfast, dining in the evening and during an exhilarating ride when the waves crashed on them. The Moorings' cat, as with most other designs, has a much sportier look and gives an adequate view outside the salon. The Moorings' cats also have a sun visor built into the windowing system while Lagoon relies on green tinted glass to cut down the sun.

The next feature you may notice is the similarities of the settee. The Lagoon (L) 380's settee appears more spacious than the Moorings (M) 3800 due to the fact that the M 3800's galley is located adjacent to the settee while the L 380's galley is located adjacent to the salon entrance from the cockpit. The Lagoon's configuration opens up the salon space with more seating and it almost feels as spacious as the M 4200.

The Lagoon 410 has the galley adjacent to the settee with less counter space but makes up for it with a settee/center island configuration in the salon.



Moorings 3800 – Floor Plan

For more info see-

<http://www.viyachts.com/moorings/m3800.html>

As for galleys, the Moorings' models do have generous counter space versus the Lagoon's models and thus are better for food preparation. In the Lagoon model, users can double up the settee table top which serves the same purpose but just isn't as elegant. Also the Moorings' models appear to have more cabinet and refrigeration space with vessels of the same size. One of the Lagoon 380's outstanding features is a foldable serving counter when you open up the galley windows to the cockpit. This feature makes serving snacks and drinks much easier and instantly expands the "party" space from salon to the cockpit and ties them together.

Before we leave the salon area, the navigation station for all models is adequate and relatively easy to access; however, some functions are a bit easier for a person with a longer reach. The Lagoon 410's navigation is mounted at table level and is the easiest to access. Onboard electronics from Moorings and Sunsail are both very adequate. The Moorings boats do sport a colored GPS with charts (vessels from their Placencia, Belize base) while the GPS on the Sunsail boats that we chartered were more basic without chart displays. However this could have been due to the geographic differences between Placencia and the Windward Islands.

In my next month's article, I will continue to discuss the cockpit, dinghy, lines, sheets, anchor, cabins and heads.

SCOW WELCOMES THE NEW EDITOR KAREN DENHOLM!



Moorings 3800
SCOW – Winter Cruise

Training Update

Kristin Stone, Training Director

Training Classes Opportunities

There are a few slots open in some of our classes. Email me at training@scow.org if you want more information or are interested in registering for any of these classes.

| Class | Dates |
|--------------------------------|---|
| Intermediate Sailing | Wednesdays, 5/10 and 5/17 |
| Spinnaker Session 2 | Saturday, 8/5 |
| Basic Sailing Session 3 | Land: 9/6, 9/13, 9/20 Water: 9/9, 9/10, 9/16, 9/17, 9/30, 10/1 |
| Basic Session 2 (Audit only) | Land: 5/31, 6/7, 6/14 |
| Cruiser Session 2 (Audit only) | Land: 7/5, 7/12 |
| Basic Session 3 (Audit only) | Land: 9/6, 9/13, 9/20, 9/27 |

Training Underway

We have completed our first Basic Sailing Class and first Cruiser Class of the season. We had 12 students and six auditors in the Basic Sailing Class. We had five students and two auditors in the Cruiser Class.

Safety First

A Skipper's nightmare is the cry "Crew Overboard". Knowing what to do in such an emergency can mean the difference between life and death. SCOW has adopted the Quick Stop method for rescuing crew overboard. SCOW skipper candidates have to demonstrate their ability to perform the Quick Stop procedure as part of their water check out. However, the majority of our club members are not Skippers. Do you know the steps in the Quick Stop procedure?

1. Shout "Crew Overboard" (COB)
2. Deploy a PFD (Personal Flotation Device) to the COB
3. Keep the COB in sight (skipper assigns a pointer who maintains this job throughout the recovery procedure)
4. Head back to the COB
5. Stop alongside the COB
6. Make contact with COB
7. Attach the COB to the boat
8. Get the COB back on board

The Quick Stop method keeps the boat near the person in the water and slows down boat speed which results in reaching the person more quickly than other methods.

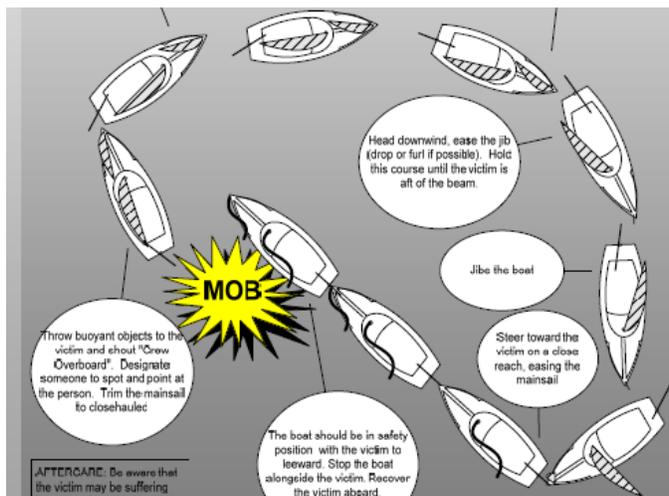
The two links below provide you with more information (than that shown to the right) about the method and an illustration of how this is done.

http://www.myc.org/Using%20Club%20Boats/crew_overboard.htm and
<http://www.nwc.navy.mil/chnyc/Thursday%20GS/CHNYC%20Overboard%20Recovery%202005.pdf>

The Quick Stop procedure has been tested versus other crew overboard recovery procedures. Below is a link to an article discussing the testing of Crew Overboard recovery methods for both power boats and sailboats.

<http://www.boatus.com/foundation/Findings/findings41/FF41.pdf>

SCOW Skippers are responsible for the safety of their crew. Practice the Quick Stop method with your crew and guests regularly.



Crew Overboard (Recovery)

Social Sail 2006 Invitation

If you haven't joined us for Social Sail on Thursday evenings, please consider this your official invitation to indulge in an evening of sailing where you can make new friends, enjoy good food, relax, share fun stories and more!!!

Come to the Washington Sailing marina near the boat launching ramps and look for the SCOW DHOW....that's where we sign up for sailing opportunities and eat and socialize.

Great sailing adventures start and continue here... and we would love to share them with you.

All are welcome. Be sure to sign up for a sail with the Dockmaster. Visitors need to sign the waiver of agreement before they sail.

Dockmaster and co-chef opportunities are available by contacting social@scow.org Your assistance in launching boats and putting them away is welcome!!!

SCOW SOCIAL CALENDAR FOR 2006

Every Thursday Night - Social Sails: Each Thursday night, we meet at the dock (Washington Sailing Marina) and socialize, eat and sail.

July 1 – SCOW 40th Anniversary Barbeque

September 16 & 17 – Smith Island Trip, Weekend trip, (Limited Space)
This was a huge success last year. Hope you can join us this year.

October – Fall Flotilla

November 18 – Hail & Farewell at City Tavern in Georgetown

Next Membership Meeting: Monday, May 8th, 2006

All meetings are on the second Monday of the month. Location is at the American Legion, 400 Cameron Street, in Old Town Alexandria (around the corner from Gadsby's Tavern). Socializing downstairs is at 6:30 pm and the meeting begins upstairs at 7:30 pm.

Volvo Ocean Race – Annapolis Stopover

From May 4 through May 7, the Maryland Maritime Heritage Festival (MMHF) will host the **Annapolis Stopover of the Volvo Ocean Race (VOR)**. There will be a great festival with a lot of activities and, of course, plenty of fun for all! As many as 500 volunteers are needed for manning the information booth, director volunteers, answering questions, crowd control, tent set up, media escort and sponsor assistance. To participate in this exciting event, go to the MMHF website at <http://mdmhf.org/volunteer2.html>. A schedule of Festival events can be found at http://mdmhf.org/2006/?page_id=6 and the VOR website is www.volvoceanrace.com. For addition information on volunteer opportunities, contact **Kristin West, Assistant Coordinator of Volunteers**, at Kristinslp@aol.com.

Welcome New SCOW Members

| | |
|--------------------------|------------------------|
| Tina April | Duane Lambert |
| Judith Cabitt | Diana Mary Lee |
| Gordon Cameron | Georgia Lindroth |
| Marc Cappelletti | Roya Mahan |
| Rick Cartwright | Mary E. McAdams |
| Brooke Lindsey Cavanaugh | Tim McNelis |
| Rita Daley | Jeanine Moeis |
| Charlene Deaver | Jim Murphy |
| Brian L. Dunn | Nancy Murphy |
| Don H. Easley, Jr. | Martin Nevitt |
| Bree A. Ermentrout | C. Patrick Ohlhorst |
| Gilbert Gonzalez Jr. | Happy Olmstead |
| Carol H. Hammel-Smith | Jay Petillo |
| Richard E. Henshaw | Ruth Pook |
| Michael Hess | Ashley Prime |
| Jim Hodson | Nancy Rey |
| Dick Hoehn | Ralph Richter |
| Jennifer Jeon | Herbert Ries |
| Seong Jeon | Patricia Rivers |
| Melinda Johnson | May E. Roy |
| Gary S. Johnson | Michael Scott |
| Allison S. Jones | Bradley Smith |
| Jennifer Kamm | Christopher Spiro |
| Anjelina Keating | Joann St. Peter |
| Shirley Kerchner | Michael Trueheart |
| Faith Klein | Daniel Tuite |
| Jai M. Kopp | Luis Vazquez |
| Kathryn Kuhn | Janice M. Wolfe-Easley |
| Robert Kuhn | Rudy York |
| | Vivian Zhang |

PFD Update - On April 1 a new Maryland law governing personal flotation devices (PFDs) for children went into effect. If a child is less than 4 years of age or weighs under 50 pounds, the child must wear a PFD with additional safety features including: a strap that is secured between the child's legs to fasten together the front and back of the PFD; an inflatable headrest or high collar to keep the child's head above water; and a web handle to ensure the ready accessibility of the child from the vessel. If you go to this link you can download a pdf picture of the features:

[http:// www.dnr.state.md.us/boating/lifejacket.html](http://www.dnr.state.md.us/boating/lifejacket.html)

Remember, the Potomac south of the Wilson Bridge is patrolled by the Maryland Department of Natural Resources, and you'll have to comply with this rule if you do any boating south of the bridge.



This requirement does not apply when: vessel is moored or anchored, or a child is below deck or in an enclosed cabin.



Special Olympics Sailing

Monika O'Connor

This year, SCOW is once again supporting the Special Olympics sailing program. If you've never had the opportunity to participate in this wonderfully heartwarming experience, this is the year to do it.

What's it all about, you ask?

SCOW skippers and crew volunteer for any or all of the four Monday evenings in June, providing sailing experience and training for both new and returning athletes. Our participation is one month of three months of training for these athletes. Their training ends with the Virginia/Maryland Special Olympics Sailing Regatta held the last weekend of July at St. Mary's College in Maryland.

Looking for a bit more information?

An orientation meeting is scheduled for May 22. Contact Monika for more details. Each Monday in June (5th, 12th, 19th, 26th), skippers, crew, and athletes (Special Olympic participants) convene at the Marina around 5:30 p.m.-5:45 p.m. for an evening of sailing, friendship, and fun. This year we will be sailing the 3 SCOW Flying Scots, 3 WSM Flying Scots, and two personally owned Flying Scots. Each boat will contain one skipper, one adult crew, and one/two athletes.

Anything else?

In addition, when possible, volunteers are asked to arrive at the marina early to help rig the boats so that we get into the water and under sail by 6:00 p.m.

This is a great opportunity to get out on the water, meet fellow SCOW skippers and crew, make new friends, get that warm fuzzy feeling, laugh a lot and have a wonderful, all-inclusive sail. Both experienced skippers and new sailors are welcome to join in this experience.

Where do I sign up?

If you can help out with this wonderful event or have any questions, please email specialolympics@scow.org with the Mondays you can assist or your questions.



SCOW
Odyssey - Bay Director

SCOW Bay Activities

Jack Schwartz, Bay Director

I am enjoying the afterglow of yesterday's all-too-brief sail. *Odyssey* was returned to her element, after enjoying a week of "spa treatments" getting her bottom cleaned and repainted. The osprey are starting to build their nests on the navigation markers, and cormorants passing through on their way back up north. Not too many boats out yet, and no need to stay in the "float-free channel" as the crabbers have not yet set up shop in the West River.

I did manage to spot *Sangria*, on her way into her new digs in West River, after Jenny Kamm's early week-long cruise. I'm sure we can all look forward to stories of her adventures sailing down the Potomac and up the Bay.

The next major event is the Memorial Day Cruise, May 27-29; see the announcement in this issue of ChaNNels. Please reply to bay@scow.org with boat information and home port, if you would be able to take on crew. Members interested in participating as crew, provide a brief description of your experience and contact information.

The characteristics of a cruising yacht, according to Albert Strange.

A cruising yacht should be easy in a seaway, of moderate draught and of good initial stability. She should have great righting power at any angle of heel, from five to fifty degrees. She should also be "handy" – that is, she should obey her helm quickly and carry her way well round in tacking – be capable of being hove-to unattended in moderate weather, and have a good turn of speed without being over-canvassed. She should be "dry" in a seaway – that is, not take heavy water on board over bows, afford good habitation below decks according to her tonnage, and her construction should be sound, strong and efficient without undue weight.

SCOW BOAT QUESTIONNAIRE:

The SCOW board has directed the Boat Asset Committee to investigate the membership's views regarding the composition and use of its daysailer fleet and evaluate the possibility of adding another daysailer to the fleet!

If you are a member of SCOW, you are strongly encouraged to download and complete one of the following questionnaires:

Flying Scot Skippers ONLY: Please download [SCOWBoatsQuestionnaire_skipperONLY.doc](#).

All other SCOW Members (including Cruiser Skippers who are not Flying Scot skippers): Please download [SCOWBoatsQuestionnaire_nonskippermembers.doc](#)

Both questionnaires can be found on our website <http://www.scow.org/sailing.html>

Please forward your survey to

scowboats@yahoo.com

Bay Activities Schedule

Bay Raft-up Schedule

May 27-29: Memorial Day Cruise (Tom Beachem, raft master)

June 24-25: Progressive Dinner Cruise (Rhode River)
Everyone brings a course to share, and we all enjoy a great pot-luck meal aboard the rafted boats. This will also serve as a reunion for those who went to the Grenadines this year.

July 22-23: Music Cruise (Galesville?) Bring an instrument, your voice, or come as audience to enjoy sharing music on the water.

August 19-20: Land/Sea/Crab Feast-St Michael's (members can drive in for the party!)

September 2-4: Labor Day Cruise (Choptank River, Little Choptank)

September 16-17: Smith Island Trip & Crab Feast (Land/Sea)-Ferry trip to island, B&B accommodations, or sail over for the fun. (Dot Almassy, organizer)

October ??: Fowl Weather Cruise (Alan Lewis, raft master)

November 10-11: Veteran's Day Cruise (TBD)



2006 SCOW Tune-Up Regatta T-Shirts are now available for a reasonable \$10.00.

Get 'em while they last!

Contact commodore@scow.org.

Oh-Bay your thirst! (for sailing, that is)

Memorial Day Cruise, May 27th-29th

Ahhh, you can see it now: Fair winds rustling across the open water, the sails urging the boat forward, while your eyes scan the sea, taking in the sun, sails and other trappings of a glorious day on the bay, with the helm light in your hand, boat perfectly trim going to weather, your crew instantly responding to your every command, swabbing the decks, making you a drink with a smile...then you wake up and realize it was all a dream (especially the last bit!).

Or was it? Summer is almost upon us, and once again this Memorial Day weekend, we will venture forth onto the bay, in search of the perfect sailing adventure. Thus I put forth the siren call to skippers, boats and crew to join us, May 27th-29th, for our annual Memorial Day Cruise, where we will be meeting up in the evenings, for fine food, spirits and discourse.

I will be chartering *C'est La Vie*, a Jeanneau 40 out of Annapolis, and am interested in hearing from potential skippers and crew alike, so that we may form up a fleet and decide on some choice destinations. This promises to be a great event from responses I've received so far, so be sure to clear the weekend on your calendar and join us!

Please email me at Tom.Beachem@sciatl.com, or leave a message at my home, 404-816-1511, and I'll get back to you.

2006 Board of Directors

| Position | Name | Home | Work | E-mail |
|-------------------|------------------|--------------|---------------------|----------------------|
| Commodore | Jan Earle | 202.249.0855 | 202.513.7667 | commodore@scow.org |
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| Skipper Director | Karen Marino | | | skipper@scow.org |
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| Racing Director | Phil Segal | | | race@scow.org |

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| Photos on Web | Mike Rothenberg | 703.998.0692 | 703.820.1270 | pictures@scow.org |

For Information about Club Activities

Visit <http://www.scow.org> or email info@scow.org