

ChanNels

The Newsletter of the Sailing Club of Washington
March 2006 – 40th Year Anniversary

Commodore's Log

THE HEART OF SCOW

Throughout its 40-year history, SCOW has done an excellent job of keeping fees affordable, providing diverse services, and sponsoring enjoyable activities for its members. These accomplishments are the direct result of the dedicated **member-volunteers** who plan, implement, and perpetuate SCOW's programs and events.

From the elected Officers and Directors who guard SCOW's financial well-being and oversee its excellent programs -- to the individual members who contribute their time, knowledge, and expertise to maintain the boats, teach the courses, and run the events, **the HEART of SCOW is volunteerism**.



Presidents Day and the Dock at Mt Vernon

A destination for seasoned Potomac Sailors

There are very few jobs that SCOW pays individuals to do: some get paid for boat repairs, engine maintenance, serving / catering food at an event, providing entertainment, or a giving a special presentation. Most of the time and effort needed to run the club is supplied free-of-charge and with **enthusiasm** by SCOW members. They are invariably hard working, generous, and cheerful.

Every year you are asked to indicate on your membership renewal application which programs and events you would be willing to help with. Many of you serve on a committee or help at an event or two. Many of you don't. A great amount of the volunteer work needed by SCOW is performed by a **minority** of its members. Just think how much better and easier, all of the work would be if more members carried a part of the workload!

This month, I'd like to extend a special "Thank You!" to those of you who have given so much of yourselves to make sure SCOW continues as a vigorous, successful organization. And I'd like to send out an appeal to those of you who haven't yet experienced the fulfillment of contributing your part to "the Whole." Don't wait for someone to call you and beg you to help. Contact an Officer or Board member today, and say you would like to help out. There's plenty of work to go around.

Jan Earle, Commodore
Sailing Club of Washington

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TRAINING NEWS

Kristin Stone, Training Director, Training@SCOW.org

Registration for 2006 training classes begins at 10:30 am on Sunday March 13th at the RE-UP Brunch.

Class slots are very limited, so get there early to get the class of your choice. Share the training opportunities with your friends who want to learn to sail.

Courses Available:

BASIC sailing classes (Flying Scots)

Cruising classes

Intermediate classes (Flying Scots)

Capsized class

Spinnaker classes



**Cruisers in the Snow
From Feb 13th Storm**



Class Registration Rules:

1. You must be there in person or have someone there representing you.
2. You must be a SCOW member to sign up for SCOW training.
3. You must pay for the course at the time of registration – payable by check or cash.
4. If the classes are full, you can be put on a waiting list, but no payment will be taken.
5. No refunds. If you cannot take the class for any reason, we will assist you in finding a replacement. The monetary exchange is between you and the replacement.

Other Training Opportunities

We also plan to offer a Red Cross CPR/First Aid certification class and an Introduction to Racing class this spring. An all-scow email will be sent to announce each class. These classes will have more slots available and we anticipate being able to accommodate all who are interested.

INTERESTED IN RACING?

Assistance needed to help plan and run SCOW's Tune-Up Regatta in late April (the 15th or 22nd). Opportunities to crew or serve on the Committee Boat will be available to volunteers. If interested, please contact the Commodore or email race@scow.org.

As of 2005, it has been 152 years since the Americas Cup has been contested in European waters.

T2P.TV'S BEST OF SAILING VIDEO SERIES, PRESENTED BY MERRILL LYNCH

Date: Friday, April 21st, 2006

Time: 7:00 PM

Location: Potowmack (Indigo) Landing Restaurant, Alexandria, VA

Cost: Free!

Clay Bartel of Merrill Lynch is sponsoring T2P.TV's Best of Sailing Video Series, a compilation of the best shows from T2Productions' coverage of major regattas throughout the US and Caribbean. The one hour presentation, run by T2P's Tucker Thompson, is free to all who wish to attend, and will take place at 7:00 PM at the Potowmack (Indigo) Landing Restaurant, Washington Sailing Marina, 1 Marina Dr, Alexandria, VA.

The show will include coverage from Key West Race Week, the St. Maarten Heineken Regatta, Block Island Race Week, and the 470 World Championships. Each segment is introduced by T2P's commentator Tucker Thompson, who provides live action play-by-play comments to shows from every event.

The presentation will conclude with post-show questions, cocktails, and dinner for those interested. (Note: cocktails and dinner not provided.) T2Productions is the only company producing continuous online sailing coverage from major regattas throughout North America broadcast on demand on the www.t2p.tv sailing network. Mr. Bartel and Merrill Lynch have teamed up with T2P to offer this one of a kind entertainment night for sailors.

It's a regatta party without the regatta! Please forward this invitation on to sailors, clubs, and mailing lists in the DC area. Space is limited. If you would like to attend please RSVP to [Clayton Bartel@ml.com](mailto:Clayton_Bartel@ml.com) with the name, address, city, state, zipcode, telephone, and email for each participant.

SCOW SOCIAL CALENDAR FOR 2006

March 12 Re-Up Brunch from 10:30 to 2pm on Sunday at the Colonies in McLean.

This IS THE place to sign up for training classes you'd like to take this year. Make your contacts now for the start of the sailing season.

April 6 The start of Social Sails: Please sign up for co-chef and Dockmaster opportunities. Each Thursday night, we meet at the dock (Washington Sailing Marina) to socialize, eat, and sail.

May 1 Happy Anniversary to SCOW - Watch for future messages.

Sep 9 & 10 Smith Island Trip, Weekend trip, (Limited Space)

This was a huge success last year. Hope you can join us this year.

October Fall Flotilla

November 18 Hail & Farewell at City Tavern in Georgetown.

Other Social Events

The Afterglow party in January was well attended and set the stage for a busy 2006! We enjoyed reminiscing about all the SCOW activities in 2005 and look forward to all the Socials and Sails in 2006.

The Winter Cruise has just returned from St. Vincent in the Grenadines. Approximately 20 folks chartered three 40' catamarans and sailed for 8 days. What fun!!! Let's hope you can talk with them at the Re-Up Brunch on March 12 at the Colonies in McLean and hear all about it, as well as sign up for their next cruise.

Dot Almassy

2006 Social Director of SCOW

VICE-COMMODORE LOG -- SCOW ANNUAL WINTER SAIL 2006

This year, our annual winter sail took place in the Grenadines from February 3 to February 11. There were 19 souls on three Lagoon catamarans chartering from Sunsail in St. Vincent. Tom Beachem with first-mate Bobby Phillips were on vessel Buccin FF, John Rogers was with first-mate Jack Schwartz on vessel Someday is a Diamond. Bob Soule was with me as first-mate on vessel Requin. We were told by Sunsail's manager at the pre-sail briefing to start with one reef on the main, and to expect winds of up to thirty knots with big rollers. It sure was windy, and our on-board instruments indicated 15 – 25 knots.

During our trip, we sang the lyrics:
Yoo-ho-ho, the winds blow free.
Oh for the life of a rolling sea

The first day after our boat was ready, we took a relatively short ride to Bequia, where our provisions team went shopping and picked up more local fresh produce while we anchored at Admiralty Bay south of Princess Point.



The second day we made a mad dash with full steam (full sail that is) for a five-hour journey to Tobacco Cays, where part of the film "Pirates of Caribbean" was made. We enjoyed two days of hiking on the islands and snorkeling at the most beautiful coral reefs. There were a few Nemo sighting reported.

We hit Palm Island the next day, enjoyed the beach and then headed to Mayreau where we hiked up the hill to the Mayreau Catholic Church and enjoyed the sunset. On the way back, we stopped at their brand new internet cafe and restaurant, where we enjoyed a wonderful meal of tasty local fish and chicken. The next day, we stopped at Union Island to replenish our water supplies and empty our trash. Later that evening, we had a beach dining experience at the venue Shark Attack, north end of Union Island. Well, as it turns out even our mighty Requin (another name for shark) failed to protect us from the land counterpart that devoured our lobster and fish, and most of the money from our billfold. The land sharks left us leftover BBQ chicken, but we had to bring our own utensils and beverages. They had truly lived up to their name.

After we recovered from the Shark Attack, we headed to Canouan Charlestown Bay where we picked up a mooring ball, had lunch and had shore leave. The locals were helpful - they picked up the mooring balls, placing their little speedboat squarely in front of us, and then smoothly handed the ball to our crew so that we did not need to exercise our boat-hooking skills. In return, a ten dollar bill flowed smoothly out of our pocket to theirs. I was proud to be the skipper that day and support the local economy. Later, we headed north to Corbec Bay for some snorkeling, where we found ourselves visited by some gentleman of fortune (see picture). With outstanding diplomatic skills, cunning minds, and muscle, we finally ended up with their treasure trove. But unfortunately, we could not save Captain Tom from walking the plank.

We headed back to Bequia the next morning, and anchored again at Admiralty Bay where we had shore leave and watched the sunset. On Saturday we headed back to St. Vincent's Blue Lagoon with plenty of wind and exhilarating ride where waves crashed onto our saloon's front windows and hatch. Our best record for speed was made on a broad reach heading south to Tobacco Cays at slightly above 10 knots. The pre- and post- exploration of St. Vincent Island was also note worthy. We visited Fort Charlotte, currently a prison, and learned some local history. You can also see the shipyard that constructed the vessel in "Pirates of Caribbean". We also visited the Botanical Garden and the Montreal Garden, and enjoyed the various beautiful plant specimens collected by the two gardens. Great skippers, wonderful crews, beautiful scenery, exhilarating rides, good food, and most of all, great company, made the ingredients of a perfect vacation!

Vice-Commodore Henry Cheng over and out.

Talk Like a Sailor – By Henry Cheng

Following the tradition started by our very own Jay Weitzel, I continue to add some colorful salt to our Talk Like A Sailor column! Deep underneath our friendly and courteous faces, which show at our club functions and activities, there is that pirate of the Caribbean in every one of us waiting to surface... This year some of us ventured to the Grenadines, and returned with a whole new outlook on living (and talking!) Here are some terms that I think you may enjoy!

DOUBLOON: A gold coin minted by Spain or Spanish colonies, worth about seven weeks' pay for an average sailor. Joining SCOW is a lot cheaper than that! Example: "I'll be saving my doubloons to buy me own pirate ship. Arrr!"

SHIVER ME TIMBERS! An expression of surprise or fear! Often heard when the wind blows the paper plates off the SCOW picnic cart on Thursdays! Example: "Shiver me timbers! I just saw a ghost ship!"

SEA DOG: Experienced sailor. Example: "Blackbeard is one famous sea dog."



Next Membership Meeting: Monday, March 13th, 2006

The meeting's are on the second Monday of the month. Location is at the American Legion, 400 Cameron Street, in Old Town Alexandria (around the corner from Gadsby's Tavern). Socializing downstairs is at 6:30 pm and the meeting begins upstairs at 7:30 pm.

Commodores First Mate! “Can You Pick The Name?”

Commodore Jan still has a new “First Matey” that needs a name. The prize is being offered for the best name submitted by noon on March 12 (at Re-Up). The winner will be announced an hour after the contest closes. A “substantial” prize will be awarded, worth at least \$20 (that’s several grog rations to you salty Sea Dogs!).

You need not be present to win but you must be a SCOW member. Names may be submitted by email to commodore@scow.org or by submitting a written entry in person to Commodore Jan (please be sure to include your name!). You may submit more than one name entry.

Historic, literary, and “cute” entries are all acceptable. Something more original than “One-eyed Jack” or “Pirate Pete” is preferred. You are welcome to request an introduction to the “First Matey” before submitting your entry. Selection of the winner is solely the right of Commodore Jan.



Help the Editor

To facilitate the production of SCOW, please follow the following “Keys to Article Submission.”

Keys to Article Submission

1. When you e-mail the article, entitle it: **article submission**
2. When you submit photos for the newsletter, always include the names of people in each photo.
3. Submit your article by the **15th of the month**
4. Submit a full, written-out article
5. Submit your articles to ChaNNels06@scow.org – not individual newsletter staff people.

This applies not just to SCOW Board Members but also to SCOW freelance writers and photographers!

ChaNNels can also be read at:

www.scow.org.

Use email, and be careful to use a copy that can be read and edited by the Editor. If you would like a copy of the 2005 ChaNNels editorial calendar, please request via email to channel06@scow.org or in-person at the next meeting. Thanks!

***We may have all
come on different ships,
but we’re in the
same boat now.***

Martin Luther King Jr.



RE-UP BRUNCH - March 12, 2006 at the Colonies at McLean, \$10 for empty-handers, from 10:30 to 2PM. There are many opportunities for you to make this a successful Re-Up for SCOW, and your assistance is appreciated!!!

ALSO, THIS IS YOUR OPPORTUNITY TO SIGN UP FOR TRAINING AND SOCIAL SAILS!!!

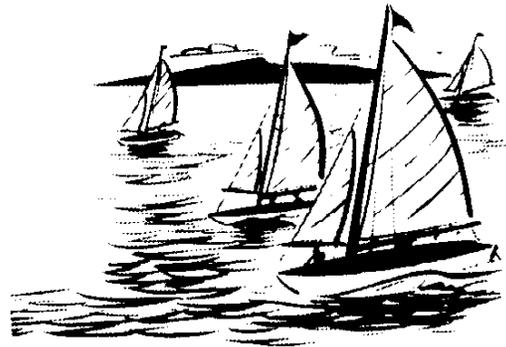
Aspects of the brunch are listed below. Questions? Feel free to contact Dot Almassy, at 703-560-0367.

SCOW needs help with:

- Set Up (requires moving of tables and chairs) 9am - 10 am.
- Door Tender (Collect Money) Sign In 1/2 hour shifts
- Support: Racing Table, Training Table, Membership Table and more!
- Welcoming Person: Make new folks welcome and introduce/show them around.
- 1/2 hour shifts
- Kitchen Support: Keep coffee and food moving, clean etc. 1/2 hour shifts
- Ice Schlepper: Purchases Ice and transports. 9am.
- Bartender: Makes Drinks 1/2 hour shifts
- Bartender Asst. Makes Drinks 1/2 hour shifts
- Social Sail - Sign Up Person Starts in April- right around the corner!!!
- Need a coordinator for this mission!!
- Clean Up - The more the merrier - Between 2 and 3pm
- Cooks: (Omelet Cook - we have one...need a couple more)

This is a Potluck Brunch, please contact Dot if you can bring:

- Fruit
- Breakfast Casseroles
- Coffee Cakes
- Bagels
- Ham/Sausage
- Desserts
- Quiches
- Potatoes/hashbrowns
- Muffins
- Additional breakfast items.



Thanks! Dot Almassy, Social Director, 2006

REUP APPLICATIONS

2006 SCOW REUP applications are in the mail. Please return the application by mail or drop it off at the REUP Brunch on March 12th. For more information or to download a blank form, visit <http://www.scow.org/member.html> or contact Monika O'Connor members@scow.org. Remember the deadline to be in the 2006 Membership Directory is March 31, 2006.

2006 Board of Directors

Position	Name	Home	Work	E-mail
Commodore	Jan Earle			commodore@scow.org
Vice Commodore	Henry Cheng			vice@scow.org
Secretary	Bonnie Dailey		202-551-6447	secretary@scow.org
Treasurer	Walter Peterson	703-960-3260	202 413-7570 (cell)	wolfyto@comcast.net
Training Director	Kristen Stone	703.408.3388		training@scow.org
Maintenance Director	Wayne Williams	703 981-9320		wwillsail@hotmail.com
Social Director	Dot Almassy			social@scow.org
Skipper Director	Karen Marino			skipper@scow.org
River Director	Dorothy Stocks	571-214-2954		River@scow.org
Racing Director			race@scow.org	

Other Key People

New Member Coordinator	Karl Wolf		703-318-0520	
Membership Coordinator	Monika O'Connor	703.921.9262	703.593.4380	members@scow.org
Bay Director				Bay@SCOW.org
Channels Editor	Diana Combs			channels@scow.org
Advertising	Milyn Jordan	703.820.2971		advertising@scow.org
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Web Editor	Peg O'Laughlin			webmaster@scow.org
Photos on Web	Mike Rothenberg	703-998-0692	703 820-1270	pictures@scow.org

Membership Meetings

On the second Monday of each month (except December) at the American Legion Hall, 400 Cameron Street (around the corner from Gadsby's Tavern), Old Town Alexandria, Virginia.

Socializing starts at 6:30 p.m. downstairs, and our meeting begins at 7:30 p.m. upstairs

For Information about Club Activities

Visit <http://www.scow.org> or email info@scow.org