

ChaNNels

The Newsletter of the Sailing Club of Washington
February 2008

Commodore's Log

Dear SCOW Members,

As winter rolls on and I plow through my Commodore pass-down materials, I am in awe of the rich history of this club. During the 41 years of this club's existence, the contributions of past board members, committee members, and countless others with no official title are so tremendous that I feel a distinct sense of privilege to be playing a small part in the continuing tradition of SCOW. Going into my fourth year as a member of this club, I can see that the spirit of its original members lives on, "to provide the membership thereof with the opportunity and instrumentalities to become expert in the art of sailing for their individual and mutual education, benefit and enjoyment." (Article III of the Articles of Incorporation, July 12, 1966) May this year provide all of you with the means to become one step closer to becoming a sailing "expert". Your Commodore has a long way to go, so when you reach this level, please give me a call!

January - February Happenings

1. SCOW Emails – you may have noticed significantly reduced (zero) emails coming from your fellow members during the latter part of January. The email system was down for a bit, but I'm happy to report that it's back up and running. Let the banter continue!
2. Afterglow Holiday Party - It was great seeing so many of you at the Afterglow Party on January 12th. I thought we had a great turnout with over 100 people in attendance. There was plenty of great food, drink and enthusiasm for the upcoming sailing season.
3. Membership Meetings – we had a small turnout at our January 14 membership meeting. I think many people may have still been in a food induced coma from the Afterglow Party. Our meetings will continue to be held on the 2nd Monday of each month (no meeting in December) – doors open at 6:30pm at the American Legion Hall at 400 Cameron Street in Alexandria, VA. Burgers and drinks are served. Guest presentations will be announced in ChaNNels and published in the "Upcoming Events" section at www.scow.org.
4. Board Meetings – The Board has decided this year to break with tradition and try something new. We will now meet on the 4th Monday of each month instead of the 1st Monday, same time – 7-9pm. The goal of this change is to a) facilitate timely publication of ChaNNels with the most up-to-date information, and b) provide an even distribution of time (i.e. break) between the membership meetings and the board meetings. Board meetings are open to all members who wish to attend. We meet inside the former Indigo Landing restaurant at the Washington Sailing Marina.

Looking Ahead . . .

1. Re-Up Brunch and Course Offerings – Mark your calendars for the Re-Up Brunch on March 16, when you can renew your membership and be the first to sign up for classes. Membership dues will be unchanged, single membership is \$45 and household membership is \$70. Membership packets will be mailed out to 2007 members by mid-February, you may either mail in your renewal before March 16 or bring your checkbooks to the Brunch and renew. Please see the details about the Brunch and the course offerings and fees in this edition of ChaNNels.
2. "Rub Off the Rust!" – Plans are in the making for the annual "Rub Off the Rust" event towards the end of March where everyone can show off their skills or lack thereof. Details will be published in the March edition of ChaNNels.
3. Committees and meetings – Are you interested in becoming involved with some facet of the club during these winter months but not sure where you might fit in? Here are some ideas – consider assisting with social sail and other social planning, river events, racing events or boat maintenance, just to name a few. Feel free to send an email to me at commodore@scow.org and I will put you in touch with the right people.

As a final thought, it looks like we might get some unseasonably warm weather here in February – if so I hope to see you on the water!

Tom Paquin
2008 Commodore

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AFTERGLOW PARTY

SCOW's social season got off to a great start with the January 12th Afterglow party attended by over 100 SCOW members and guests. Many thanks go out to all of the volunteers who helped set-up, serve and cleanup. Especially Mary Bashore, Mary Smith, Bonnie Heflin, Jan Earle, Herb Ries, Chris von Guggenberg, Wayne Williams, Lisa & John Eller and Helen & Bob Soule. As always, Herb Ries' delicious roast beef was the hit of the party and Chris von Guggenberg had us all drooling for more of his home made chocolate date nut cake with rum laced Chantilly Cream! Way to go Chris & Herb! Our bartenders, Dot Almassy's daughter, Patty Scriptor and husband Mike did a great job of keeping the great wines flowing – to literally the last drop! Jack Schwartz, Jim Klein, Dan Tuite and Deri Moeis entertained us with their guitar jam session. And finally, thanks to all the members who brought incredible dishes. It always amazes me when a non-RSVP potluck balances out with an even assortment of appetizers, vegetables, casseroles, and desserts – everything from sushi to incredible pies and cakes. Thank you all for a great party!



SCOW – Registration for Sailing Classes



SCOW – Greeters at Re-Up Brunch

RE-UP BRUNCH

Sunday, March 16th 10:00 am to 2:00 pm at The Colonies

It may be hard to top the Afterglow, but with St. Patty's day the next day, can our warm sailing season be too far off? This thought will sure put us in the mood to party again while also getting our sailing season off to an organized start. Bring your checkbooks to renew your membership or join for the first time and to sign up for various training classes. Remember, the classes fill up fast, so be the first in line. You will also hear from our Racing, River, and Bay Directors about upcoming sailing events. Remember, we are a volunteer club, so there will be opportunities to sign up to help with many activities from Thursday night social sail cooks & dock masters, maintenance, racing, training, river & bay events and to anything else you can think of that will make this the best sailing club ever!

Come and enjoy a delicious St. Patty's Day brunch of omelets and pancakes prepared by some of our incredible SCOW chefs and bring a dish to fill out the buffet table – fruits, salads, desserts, etc. or pay \$10.00 without a dish. We will sip Mimosas, Bloody Mary's and fine wines. We need volunteers to help with this event, so watch for an email or call Faith Rodell, Social Director, at 301-674-9324 to sign up or for further info.

Directions to The Colonies, 7681 Provincial Drive, McLean, Va: From Rt 495 Beltway go east on Rt 123/Chain Bridge Road towards McLean, right at first light on Old Meadow Road, go ¼ mile and turn left into The Colonies.



SCOW Race Director – Adam Pressman



This year check out the new Spinnakers
On the SCOW Flying Scots!

Hello Race Fans,

We are off to a great start planning events and education for the 2008 season. Again we'll participate with our cruisers in the river's racing circuits and host our Flying Scots for mid-week racing and this year we'll inaugurate a match racing program, challenging other clubs in the area, to promote the reputation of our sailors in the race community. SCOW is very well thought of by the sailors in this area and regarded as a great source of training. I hope you'll join me in expanding that reputation into racing.

To that end I'm seeking volunteers to form a race steering committee. Racers, non-racers, anyone interested in how and when SCOW boats will race should contact me so we can put together some meetings in February. I'll need, when the season starts in May, some volunteers to set up and judge our weeknight racing program and I'll be placing crew as they wish in race teams on the river and the bay. Be on the lookout for our pre-season seminar schedule. More race tactics, race management and boat handling seminars are in my plan including expanding our coach membership again this year.

We'll keep an eye on the racing world at large by virtue of the racingnews@scow.org mailing list. If you're not yet a member, send your email to me and I'll add you to the list. While we don't have an America's Cup and all its pomp and grandeur this year, as I write this the largest regatta in the nation is winding down in Key West at Acura's Race Week. The Volvo Ocean Race will be visiting China as will the Olympics (alas, neither are making their presence known in our area). Let me know what you desire to learn, live and re-live in the true sport of kings, yacht racing, and I'll do my best to get it going for you in SCOW this year.

Live slow...sail fast.
Adam Pressman
SCOW 2008 Race Director

The Flying Scot is a 19-foot day sailer that is sailed throughout North America. The large, deep cockpit is ideal for family sailing, providing safe, comfortable sailing for up to eight people. If your interest is racing, a crew of two or three will find the Scot a great boat for competition at all levels. The Flying Scot is easily trailered and rigged; and can be launched in as little as 12" of water.

The Flying Scot was designed in 1957 by Gordon K. (Sandy) Douglass. New Flying Scots have been in constant production since 1957. Currently, new Scots are identically constructed by Flying Scot, Inc., and strict class rules prevent changes that could make older boats obsolete. With over 5300 boats built, used boats are available as well.

In 1998, the Flying Scot was awarded the high honor of being included in the American Sailing Hall of Fame.

The Scot's performance offers thrills to even the experienced sailor and provides for tight, competitive racing. There are more than 100 fleets racing Flying Scots in the USA and Canada. The Scot is normally raced with a crew of two or three. The sail plan consists of main, jib and spinnaker. Simple rigging and uniform construction fosters tactical racing.

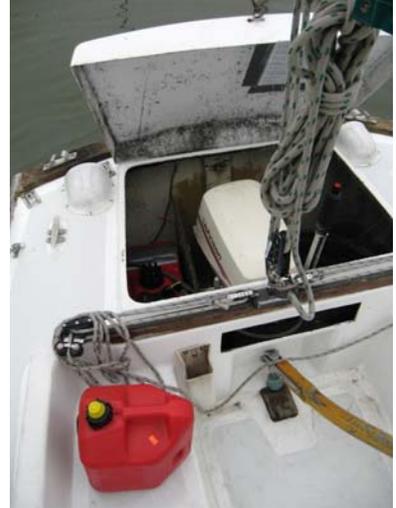
<http://www.fssa.com/ht/int/int-fsintro.htm>



Indigo Landing
Not Many Crowds in January



Washington Sailing Marina
Not Many Boats at Dock Either



SCOW Cruiser Psycho
Johnson Motor is Rebuilt Now!

January Sailing Reports

Bill D., Mary S., and I took Rebecca down to Ft. Washington today, and came back the whole way on a run without a single jibe. The weather was perfect, and it sure beat sitting in the office!

- Lisa Eller

Have you enjoyed the great summer day on January 8, 2008? So did Henry Yung, Zaafar Hasnain and I, when we took Topaz out for a short turn in a 10 to 15 knots southerly summer breeze in blazing sunshine with air temperature in the 70's. Great sail upwind to the bridge and back. We made sure to get stuck twice for added excitement, but retraction of the keel released us quickly. This is what I like about Washington: Last week I went skiing at Liberty Mountain and this week sailing on the Potomac in summer weather!

- Wolfgang Schaefer

Next Membership Meeting: Monday, February 11th, 2008

Location: American Legion, 400 Cameron Street, in Old Town Alexandria

Time: Socializing downstairs begins at 6:30 pm and the meeting begins upstairs at 7:30 pm.

Thursday Night	Social Sail, Washington Sailing Marina (WSM), April - October, 6:00PM
Social No-Sail	Events and locations will vary, December - April, 6:00PM
Wednesday Night Races	WSM with Flying Scots, May - October 6:00PM
Board Meetings	4th Monday of every month, 7:00PM (Open to Membership)
Channels Deadline	15th of every month. Submit articles to: channels06@scow.org
2008 Calendar	http://www.scow.org/calendar.html
SCOW Pictures	http://picasaweb.google.com/Sailing.Club.of.Washington
SCOW Homepage	http://www.scow.org/index.html

What I know about cruising has been learned almost exclusively from two sources: good books, and a tremendous number of mistakes. Of these two possibilities, I can heartily recommend learning from books, especially if it means avoiding some of the mistakes.

Loren R. Borland

Author

Shipshape and Bristol Fashion

As of 20 Jan 08 - Francis Joyon now holds the record!

FASTEST SAILING CIRCUMNAVIGATION

Francis Joyon (born [May 28, 1956](#)) is a professional sail boat racer and yachtsman, and currently holds the record for the fastest sailing circumnavigation.

In February 2004 [Breton Francis Joyon](#) became the fastest world solo yachtsman, setting a time over 20 days faster than the previous record for a [circumnavigation](#) of 72 days 22 hours and 54 minutes and 22 seconds of covering more than 28,000 nautical miles (51,900 km) at an average speed of 15.5 knots (28.7 km/h) on the 90 feet (27.4 m) trimaran IDEC. IDEC, formerly known as Sport Electric, had previously taken 71 days to win the Jules Verne Trophy. Joyon took only an extra day on his own with a boat not designed for single-handed sailing, original (over 10 year old) sails and no weather router.

In February 2005 [Ellen MacArthur](#) beat Joyon's record by 1 day, 8 hours, 35 minutes, 49 seconds.

On [6 July 2005](#) Idec skippered by Francis Joyon crossed the finishing line between [Lizard Point](#) and [Ushant](#) 6d days 4 hours 1 minute and 37 seconds after the start at [Ambrose Lighthouse](#) off [New York](#). He thus broke the 11-year old record of [Laurent Bourgnon](#) for the [single-handed](#) crossing of the [Atlantic Ocean](#) with a sailing boat. On this voyage he also broke the 24 hour distance record for single-handed sailing by sailing 543 nautical miles (1,006 km) in one day on the [3 July 2005](#). Joyon's remarkable record voyage ended tragically on [7 July](#) when Idec became stuck between two rocks off the Breton coast. The boat was steered by [autopilot](#) while Joyon slept. When he and his helpers tried to salvage IDEC, the boat was lifted by a wave and smashed onto the rocks. Thus, the 4-million-[Euro](#) trimaran was wrecked and Joyon had no vessel to attempt to break further sailing records.

(Continued from Previous Page)

On [9 May 2006](#) Joyon announced that he was building a new multi-hull to be called IDEC II. His new boat is designed for solo sailing unlike the original IDEC. Design was by Nigel Irens & Bernard Caberet. IDEC II is expected to weigh 11 tons compared to his previous boat which weighed 16 tons and will have 10% more sail area. The new boat should be capable of taking 3 days of the existing record under the same weather conditions.

On [23 November 2007](#) Joyon set off in IDEC II in an attempt to beat [Ellen MacArthur's](#) current world record for a single handed circumnavigation.

He achieved this on [20 January 2008](#) in 57 days, 13 hours 34 minutes and 6 seconds

Article From Wikipedia http://en.wikipedia.org/wiki/Francis_Joyon



IDEC II – Record for the Fastest Sailing Circumnavigation

<http://static.intelligent.lv/uploadEx/images/ru/luxurylife/yots/roman/13.jpg>



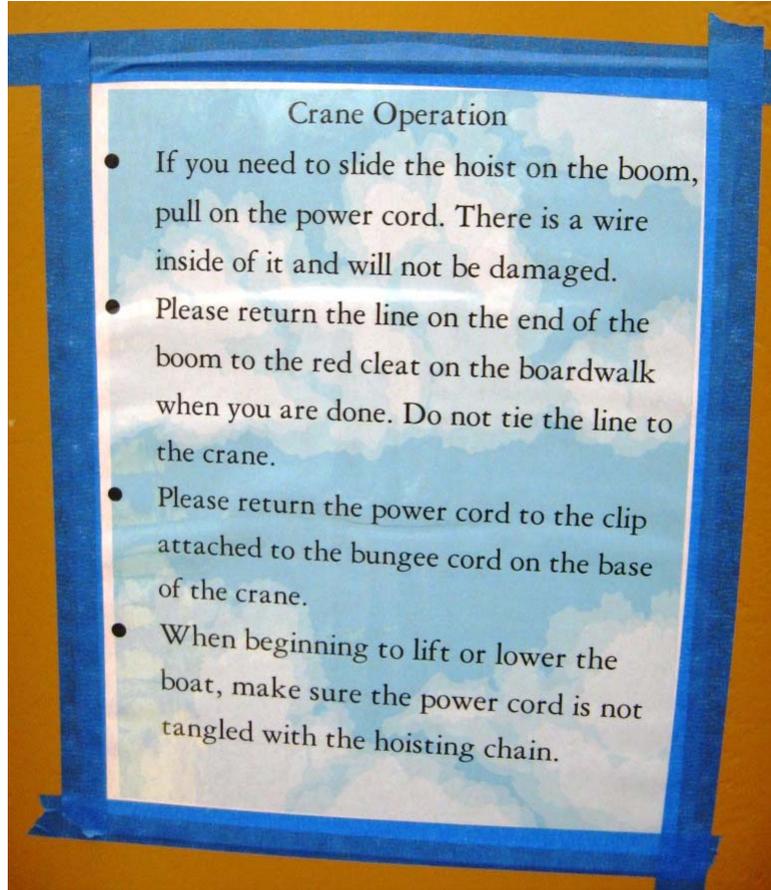
WSM – 1 Ton Dinghy Cranes



WSM – Care for Power Cord



WSM – Recommended Rigging for Tie-Off



Washington Sailing Marina – Crane Operation

Crane Operation

The Washington Sailing Marina has been making numerous upgrades over the past years including new floating docks, new asphalt boat launching area, new boat ramps and the new cranes.

Many SCOW members launch their own boats or the clubs Flying SCOTS from these cranes. Please note that the WSM staff has rigged and prepared instructions which will keep the crane booms from swinging (un-retrievable) out over the water and also to keep the up/down controls from swinging down and into the water.

Please take a moment to familiarize yourself with these procedures and/or thank the staff at Washington Sailing Marina for all the extra efforts they put into making sailors experience enjoyable.

For more info on the Washington Sailing Marina:
<http://www.washingtonsailingmarina.com/index.html>

2008 SCOW Course Schedule

Course	Land Sessions	Water Sessions	Fees	# of Students Allowed
Train the Trainers	March 29 Saturday	March 29 Saturday	Free	
Rub of the Rust	March 30 Sunday	March 30 Sunday	Free	
Basic 1	April 16, 23, 30, May 7 Wednesdays	April 19, 20, 26, 27, May 3, 4 Saturdays and Sundays	New member \$225 Old member \$180 Auditor \$50	12 students 6 auditors
Basic 2	June 4, 11, 18, 25 Wednesdays	June 7, 8, 14, 15, 21, 22 Saturdays and Sundays	New member \$225 Old member \$180 Auditor \$50	12 students 6 auditors
Basic 3	September 10, 17, 24, October 1 Wednesdays	September 13, 14, 20, 21, 27, 28 Saturdays and Sundays	New member \$225 Old member \$180 Auditor \$50	12 students 6 auditors
Capsize 1	July 12 Saturday	July 12 Saturday	\$25	10 students
Capsize 2	August 2 Saturday	August 2 Saturday	\$25	10 students
Cruising 1	April 21, 28 Mondays	April 26, 27, May 3 (night sail), May 4 Saturdays and Sundays	New member \$300 Old member \$255 Audit \$50	5 students 5 auditors
Cruising 2	July 9, 16 Mondays	July 12, 13, 19 (night sail), 20 Saturdays and Sundays	New member \$300 Old member \$255 Audit \$50	5 students 5 auditors
Intermediate	May 15, 22 Thursdays	May 18, 25 Sundays	\$70	12 students
Spinnaker Makeup	Oct. 2007 water portion of class was canceled	April 12 Saturday, half-day	No Fee	8 students
Spinnaker 1	July 19 Saturday	July 19 Saturday	\$50	8 students
Spinnaker 2	August 9 Saturday	August 9 Saturday	\$50	8 students

Note: New members joined the club in the last 6 months. Old members joined the club over 6 months ago.
Auditors only attend land sessions.

Vice Commodore's Note:

Thank you to Julia Hewitt for speaking about the Clean Marina program at the January General Meeting. Don't miss the February meeting, where Wolfgang Schaefer will share his sailing adventures along the Sardinian Coast!

2008 Board of Directors

Position	Name	Home	Work	E-mail
Commodore	Tom Paquin	202.281.8999	202.659.6500	commodore@scow.org
Vice Commodore	Lisa Eller	423.360.6899	202.353.2755	vice@scow.org
Secretary	Maggie Nelson	202.415.1983		secretary@scow.org
Treasurer	Chris Von Guggenberg	703.683.6649	703.622.9125	treasurer@scow.org
Training Director	Mike Rothenberg	703.820.1270		training@scow.org
Maintenance	Fran Jezisek	301.839.3351	202.721.4564	maintenance@scow.org
Social Director	Faith Rodell	301.474.2444	301.674.9324	social@scow.org
Skipper Director	<vacant>			skipper@scow.org
River Director	Melissa Ennis	703.845.5764		river@scow.org
Racing Director	Adam Pressman	304.229.5591	703.850.2072	race@scow.org
Director Historian/Records	Wayne Williams		703.981.9320 cell	

Other Key People

Crew Liaison	Melissa Ennis	703.845.5764		crew@scow.org
Bay Director	Vacant – could be you!			bay@scow.org
Channels Editor	Lisa Eller	423.360.6899	202.353.2755	channels06@scow.org
Channels Layout	Wayne Williams		703.981.9320 cell	channels06@scow.org
Advertising	Vacant – could be you!			advertising@scow.org
Email Administrator	Jeff Teitel	202.271.1238		postmaster@scow.org
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Web Editor	Peg O'Laughlin	703.207.0675	202.205.1819	webmaster@scow.org
Photos on Web	Mike Rothenberg	703.998.0692	703.820.1270	pictures@scow.org

For Information about Club Activities

Visit <http://www.scow.org> or email info@scow.org