



February 2016

Edition of ChaNNels. The Sailing Club of Washington Newsletter.

Commodore – Order of the Month

Hello fellow SCOW sailing enthusiasts. Spring is rapidly approaching and so many preparation activities are on the SCOW Website calendar. Make plans now to attend these very important club events.

Re-up Brunch - March 6th 1100 to 1500 Hrs. Colonies of McLean. This is your opportunity to renew your membership and skipper certification for 2016 all in one place, as well as socialize with fellow club members. (And the first opportunity to purchase a seat for sailing class, see training Schedule below.) If you haven't already, please go to this link and volunteer to bring something. This year, it's free to enter, but there will be a small fee for alcoholic beverages of \$3 for one, \$5 for two.

<http://www.signupgenius.com/go/30e084eada822a46-reup>

Questions? Write Richard Kaiser - Social Director 2016 – social@scow.org

Training Schedule announced – The Spring, Summer, and Fall, Basic Scot and Cruiser Training Schedules have been set. The classes will be available on a first come first served basis at the Re-

Up Brunch. These classes have sold out in the past, so get there early. The class schedule and prices are shown on page five.

Maintenance Day – March 12th (13th rain date) 0900 to 1600 Hrs. Small Boat Dock Meetup, where we will form Scot and Cruiser teams. Come see what Steve Ochenkoski is having us fix! According to the SCOW Skipper Agreement, Skipper attendance at Maintenance Day is mandatory so please plan to attend.



Photo by Rob Reuter
Steve Ochenkoski and Richard Lawrence put on the final touch. Note Richard's "one hand for the boat one hand for me" position.



Photo By Rob Reuter
A group of SCOW members, now known as the "Brute Force" installing Rebecca's recently overhauled motor using the main halyard for hoist. Thanks Don, Joe, Greg, Patrick, Barb, and Vincent.

Rub off the Rust – March 19th (20th rain date) 0900 to 1500 Hrs. Small Boat Dock Meetup, where we will form Scot and Cruiser teams.

Teresa Fralish is planning her program to help you skippers “git yer sea legs back!” as well as relearn what you may have forgotten over the winter.

Please take a look at the Website Schedule. While it is yet to be finalized, it is in great shape for the year. Thanks to all the SCOW Board Directors for the hard work, especially Csilla Gal, Race Director, and Gregory Prather, Training Director.

We are still in need of an Editor for CHANNELS. If you are interested, please drop me a line at commodore@scow.org.

SCOW 50th Year Celebration

The Board is looking for a few good SCOW members to work on a committee to plan and manage the 50 year SCOW anniversary event. If you are interested, in serving on the committee or being its chairperson, we’d love to hear from you. Please drop me a line. Keep alert for opportunities to volunteer to assist in this once in a lifetime endeavor.

SCOW Winter Seminar Series Continues – Feb. 24th through March 30th.

The schedule for the next five Wednesday night seminars is shown at the end of this article. All seminars are open to SCOW members and start at 600pm with a gathering at the bar, and then a migration to the Charleston room promptly at 700pm. Order food and pay your tab early. We must be out of the building per our agreement at 900pm.

Despite the torrential rain, SCOW held a seminar Feb. 24th which featured Carrie Andrews and Harry Carpenter of Flying Scot, Inc. It was an excellent lecture providing very specific rig tuning and sail trim tips particularly applicable to the Flying Scots. Carrie and Harry (who also owns Flying Scot, Inc.) are very capable Flying Scot racing sailors with several national championships under both of their belts. The 30 attendees had several questions and it was a pleasure to hear the interaction between Carrie and the SCOW members as well as the private boat owners in attendance.



Carrie Andrews of Flying Scot, Inc. addresses the crowd at Indigo Landing. Photo by Rob Reuter

March Seminar Schedule – by Csilla Gal Racing Director

Subject	Speaker	Date
Local Knowledge	Barney Harris (PRSA)	Wed, March 2nd
Racing Rule Clinic	Nabeel Alsalam (PRSA)	Wed, March 9th
Racing Tactics (Fleet Racing)	Michael J. Callahan (Head Coach, Georgetown University)	Wed, March 16th
Sail Tuning	UK Sails or Ullman Sails	Wed, March 23rd
Race and Protest Committee Mgmt.	Nabeel Alsalam (PRSA), Julian Mallett (SCOW)	Wed, March 30th

All seminars start at 600 pm in the bar area of Indigo Landing for socializing and grabbing a bite. Order quickly to be fed and paid up before 700 pm when the talk will begin in the Charleston Room. And

please do not disturb the covered tables in the Charleston Room per management's request.

The March seminars we made possible by the joint cooperation of all three WSM sailing clubs, SCOW DISC, and PRSA, with SCOW providing the meeting space and a speaker and PRSA providing three speakers. A special note of thanks to past members who negotiated the agreement with the Park Service. They secured for SCOW exclusive rights to meet weekly at Indigo Landing. Without this, the Seminars would not likely occur.

SCOW Membership Meeting

SCOW's first membership meeting of 2016 was held on Tuesday February 16th at Hard Times Cafe in Alexandria. The meeting started with a bit of friendly competition with a game of sailing themed trivia presented by Amy Deckelbaum, SCOW Vice Commodore.

After 2 rounds of intense competition, Joe Warren, Nancy Brown, Dan Sandhaus, and Richard Kaiser were declared the winners! SCOW will host a second round of trivia later this year where the reigning champions can defend their title! This was followed by director updates where Members heard from each area of the club. The final event of the evening was a presentation by Nancy Brown and Chris Tindal on how fun and rewarding it is to participate in the Leukemia Cup. SCOW supports this race, and Flying Scots are available based on the donations raised for the Leukemia and Lymphoma Society (LLS), the non-profit that supports research to end blood cancer.

The next membership meeting will be on March 24 at Indigo Landing and will focus on safety. After time for socialization and director updates, club members will hear from several speakers about safety on the water. We hope to see you there!

SCOW Movie Night February 17th

By **Elizabeth Graham**, Membership Director

SCOW's 1st Wednesday Night at the Movies showing of *Morning Light* got off to a good start on February 16. After socializing at Indigo Landing's restaurant bar, members found their seats for the movie, the lights were dimmed, and the film began. It was interesting, exciting, and full of sound for the first 20 minutes. Then we had to switch to English subtitles because the sound died. Nonetheless, we had a good time, enjoyed the movie, and chalked the glitch up to First Night Trials.

Many thanks to all those who came and stayed to watch through the silence, and put the chairs away at the end!

We plan to have more *SCOW Night at the Movies* throughout the year. We welcome your recommendations for movies about sailing; please contact me at Membership@scow.org

2016 SCOW Committees approved by the Board

The interim editor of ChaNNels misspelled two names on the TSCC. The list below is corrected. In addition, the VICE Commodore is an ex-officio of all committees established by the Board or the Commodore, her name has been added.

2016 Training and Skipper Certification Committee (TSCC) Members - Approved Feb 1st.

John Rogers, Chairperson
Jay Weitzel
Mary Bashore
Barbara (Barby) Ullman
Joe Depoorter
Dan Sandhaus.
Jan Earle – Previous TD
Gregory Prather - Current TD
Teresa Fralish – Current SCD
Amy Deckelbaum – Current Vice-Commodore

2016 Committee Vacancies

Currently, SCOW has two committees without member staffing, the Audit Committee and Nominating Committee. Please refer to the SCOW By Laws at the link below for information about the valuable assignments of these two committees. Let the Commodore know if you wish to be considered for heading or serving on either.

http://www.scow.org/resources/Bylaws%20and%20policies/SCOW_Bylaws_2015_11_3.pdf

Beware the East Wind – Redux

By Ernest Hemingway¹

I am sure you all remember my article from two seasons ago when I discussed how to land the Flying Scots at the Washington Sailing Marina (WSM) with a northeast wind blowing directly onto the end of our docks (See ChaNNels, May, 2014). Well here's another clue for you all [the walrus was Paul*].



You might be so smart that you think you can land safely on the north side of the northernmost dock ... and maybe you can. But if you fall short, you might find yourself getting pushed just a little downwind and pinned against a leeward shore. Bonus points if you manage to get entangled in the sunfish that the marina often has moored in this area.

So here we were, pinned against a leeward shore, tangled in teeny tiny sailboats, and another SCOW skipper on board says "I can sail us out of this". "No you can't" I replied, and then announced to the crew that we were no longer a sailboat and that we were now a rowboat. I had the crew lower the mainsail,

break out the paddles, and we rowed safely out of the mess and landed at the dock.

Here is another fun one. As you might recall from the previous article, the procedure for docking a Flying Scot in a northeast wind is summarized as follows:

Sail towards the end of a dock, and then turn the boat sharply to the northeast, heading up into the wind to get in irons

While in irons, lower the mainsail and break out the paddles

Fall off using paddles, or back winding the jib, and use the paddles and/or jib power to safely reach the dock.

Now let's add a twist. Try doing this while there is a fairly strong outgoing tide and an inexperienced crew. (This happened during a basic sailing class.) So after getting into irons in front of the dock (step 1), the intrepid crew struggled to douse the mainsail, and make the paddles ready. By the time they accomplished these tasks, the boat had drifted with the tide halfway to the Alexandria waterfront (just a slight exaggeration); but far enough that we could not reasonably paddle upstream, against the current, to return to the dock. So we turned the boat into the wind, re-raised the mainsail, and sailed back towards the docks. But what to do, what to do, to get us safely to the dock?

Now that you have taken a moment to think what you would do in this situation, I will offer a solution. Here are some multiple choice answers to help you along:

- a. Drift down to Old Town, go ashore and drink martinis until the tide changes.
- b. Save yourself! Abandon ship and swim to shore. Maybe you will get an assist from a fisherman on shore who can hook you and reel you in.

c. Do the following:

First, explain to the crew that time is of the essence in performing this maneuver so that they will be ready the next time. At this point, I think they will understand the situation, if you catch my drift, so to speak. Instruct the crew on how to quickly lower the mainsail². Maybe even get the paddles ready in advance. Next, sail the boat a fair distance upstream of the docks before attempting to repeat the docking procedure. That way, by the time you lower the mainsail and have the paddles at the ready, you will be just drifting near the docks. Then you can easily paddle in to make the landing.

What can I say? ..IT happens.

Okay, this is the last time I am going to tell you about my screw ups. It is someone else's turn next.....all in the spirit of learning from our misadventures of course!

2016 SCOW Training Schedule*

Basic Sailing	Land Sessions	Water Sessions
Basic Sailing 1 - Spring Class size 15 \$400 for Land and Water sessions.	April 6,13,20 and 28 (28th is Thursday) Wednesday or Thursday 6:30pm – 8:30pm	April 16,17,23,24,30 and May 1 (Makeup May 14, 15) Sat & Sun 8 am - 4pm
Basic Sailing 2 - Summer Class size 15 \$400 for Land and Water sessions.	June 1,8,15 and 22 Wed 6:30pm – 8:30pm	June 4,5,11,12,25 and 26 (Makeup July 9, 10) Sat & Sun 8 am - 4pm
Basic Sailing 3 - Fall Class size 15 \$400 for Land and Water sessions.	Sept. 7, 14, 21 and 28 Wed 6:30pm – 8:30pm	Sept. 11,17,18,24, 25 and Oct 1 (Makeup Oct 2, 15) Sat & Sun 8 am - 4pm
Cruising Sailing	Land Sessions	Water Sessions
Cruising 1 - Spring Class size 5 \$400 for Land and Water sessions.	May 4 (Thursday) and May 11 (Wednesday) Wed 6:30pm – 8:30pm	May 14,15, 21 and 22 Sat & Sun 8am - 4pm
Cruising 2 - Fall Class size 5 \$400 for Land and Water sessions.	Sept 29 (Thursday) and Oct 12 (Wednesday) Wed 6:30pm – 8:30pm	Oct 1, 2, 15, 16 Sat & Sun 8am - 4pm Oct 18, Sun 5:30pm—12am

* Training is available to SCOW members only.

Footnotes:

* **Glass Onion, The Beatles White Album**

1. AKA Dan Sandhaus, Former Skipper Director
2. To quickly lower the mainsail, have one person hold the boom so that it does not come crashing down on the deck while you release the main halyard using the winch. Remove the winch handle and let gravity bring down the mainsail.